PARTS LIST: LEFT SIDE

1. Pelvic Belt

2. Leg Brace (Replaces sections 2 - 4)
   - OR
   - Knee Cuff

3. Ankle Cuff

4. Leg Brace
   - OR
   - Inside the shoe foot cuff
   - Outside the shoe strap

5. OR
PARTS LIST: RIGHT SIDE

Pelvic Belt

Part 1

Knee Cuff

Part 2

Ankle Cuff

Part 3

Inside the shoe foot cuff

OR

Outside the shoe strap

Part 4

Leg Brace (Replaces sections 2 - 4)

OR

Leg Brace

Part 4
**STEP 1**

Feed belt through buckle loop and fold back to attach Velcro. Close belt firmly on pelvis. Belt should not rest in waist area.

**STEP 2**

Wrap Part 1 just below waist.

**STEP 3**

Adjust Part 1 so that it aligns with the center of the thigh and knee.

**STEP 4**

Align Part 2 just below knee.
Wrap Part 2 around upper calf just below knee.

Align Part 2 and firmly close velcro strap. IMPORTANT: Make sure the cuff is firmly held to the leg.

Connect straps from Part 1 to top buckles on Part 2.
**STEP 8**

Align Part 3 with the center of the leg and fasten Velcro® closure.

Wrap Part 3 around the narrowest point below the calf.

**STEP 9**

Align Part 3 with the center of the leg and fasten Velcro® closure.

**STEP 10**

Align foot cuff in the arch of the foot. Note that the “4” label should be right side up on top of the foot of the wearer. (See inset.)

Align shoe strap in the arch of the shoe. Note that the “4” label should be right side up on top of the foot of the wearer. (See inset.)
Wrap Part 4 around foot and fasten Velcro® closure over “R” (or L) label. This section should be firmly wrapped around the foot.

OR

Wrap Part 4 around shoe and fasten Velcro® closure. This section should be firmly wrapped around the shoe.
STEP 12

Feed straps from part 4 through loops in Part 3

STEP 13

Feed straps from Part 4 through bottom buckles on Part 2

STEP 14

Place shoe over foot cuff.

OR

Place shoe strap over shoe.
**STEP 15**

Feed straps through plastic loops. Trim strap ends. Melt strap ends to prevent fraying.

After Knee Cuff is properly applied, access strap can be trimmed 1” past Hook Velcro.

**STEP 16**

Elastic will be relaxed while seated. Elastic will become taut when standing.
Tighten upper and lower section straps until proper tension is achieved. A properly adjusted TripleFlex will pick up the hip, knee, and foot in the swing phase of gait.

To correct inversion of the foot, tighten the outer elastic strap more than the inner strap.
**Washing Instructions**

- Wash TripleFlex by hand in lukewarm soapy water using Ivory Liquid Hand Soap® (or similar mild hand soap). Add just enough soap to produce a soapy bath. Suggested concentration: 1 teaspoon per 1 gallon of water.

- Rinse thoroughly by hand using cool or lukewarm water until it is free of soap.

- Once washing is complete, roll up in a dry towel and squeeze out excess water.

- Remove from the towel and lay flat until completely dry. For faster drying time, place directly in front of a fan.

- Do not machine wash or dry.

- Never use bleach on TripleFlex.