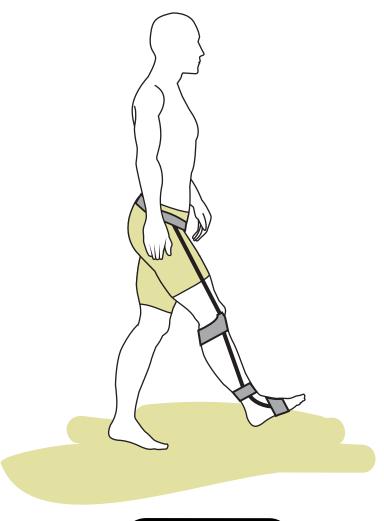
### TRIPLEFLEX

Energy for the hip · knee · ankle

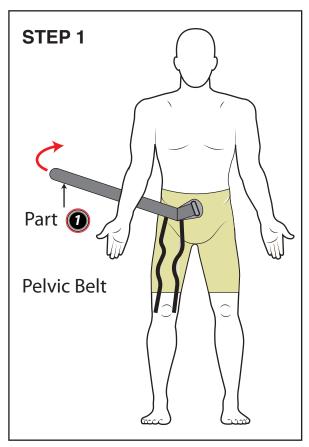
#### **USER GUIDE**



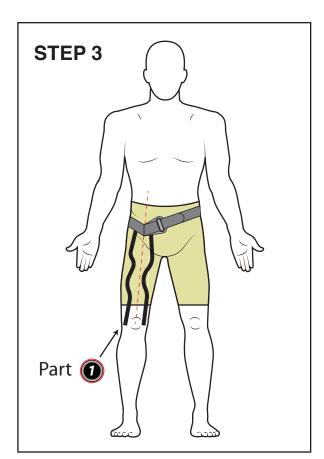


# PARTS LIST: LEFT SIDE Pelvic Belt Part 1 Knee Cuff Leg Brace (Replaces sections 2 - 4) OR Part 2 Ankle Cuff Part 3 Part 4 Inside the shoe foot cuff OR Leg Brace Part 4 Outside the shoe strap

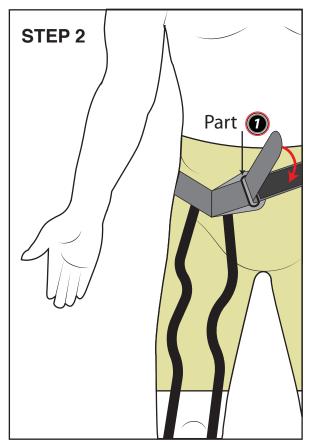
# PARTS LIST: RIGHT SIDE Pelvic Belt Part 🕡 **Knee Cuff** OR Leg Brace (Replaces sections 2 - 4) Part 2 Ankle Cuff Part 3 Part 4 Inside the shoe foot cuff OR Leg Brace Part 4 Outside the shoe strap



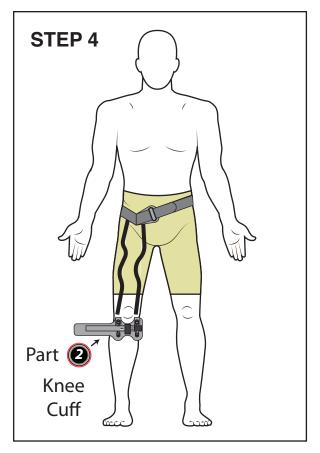
Wrap Part 1 just below waist.



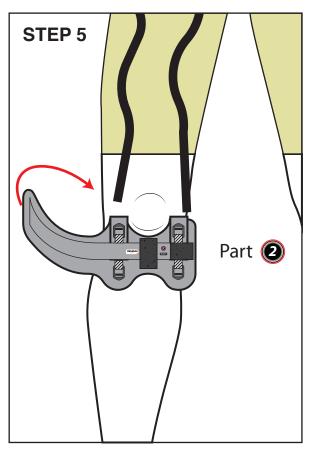
Adjust Part 1 so that it aligns with the center of the thigh and knee.



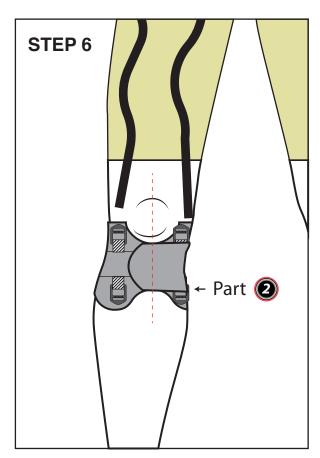
Feed belt through buckle loop and fold back to attach Velcro. Close belt firmly on pelvis. Belt should not rest in waist area.



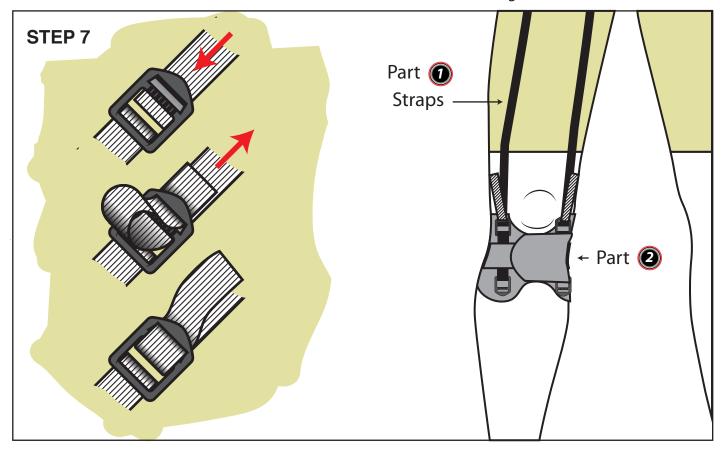
Align Part 2 just below knee.



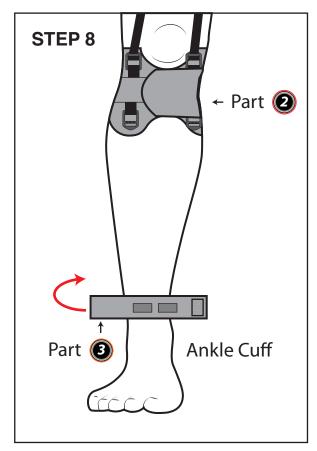
Wrap Part 2 around upper calf just below knee.



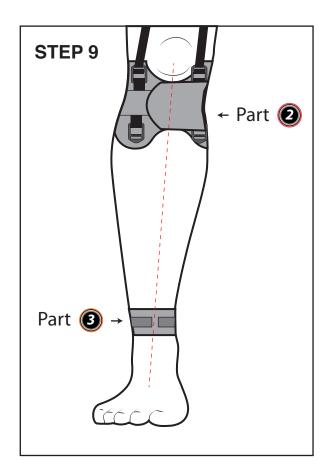
Align Part 2 and firmly close velcro strap. IMPORTANT: Make sure the cuff is firmly held to the leg.



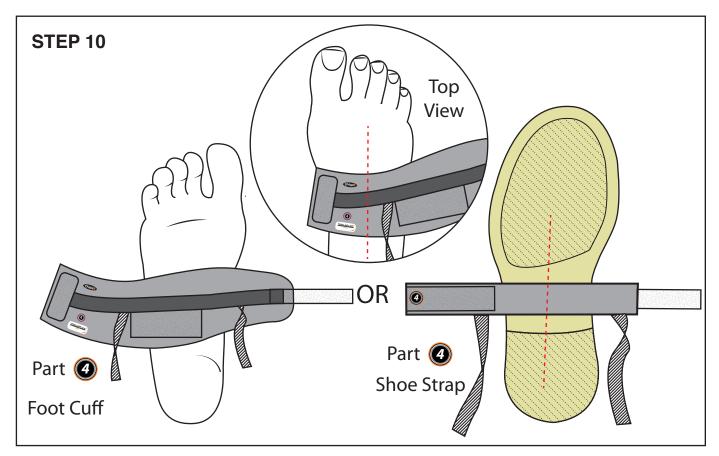
Connect straps from Part 1 to top buckles on Part 2.



Wrap Part 3 around the narrowist point below the calf.

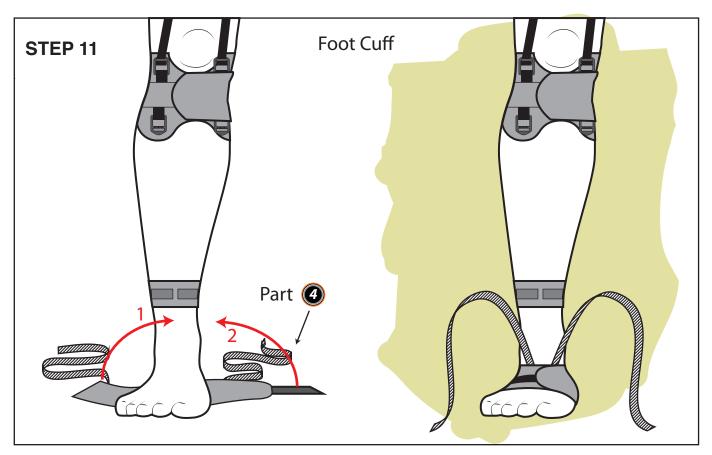


Align Part 3 with the center of the leg and fasten Velcro® closure.

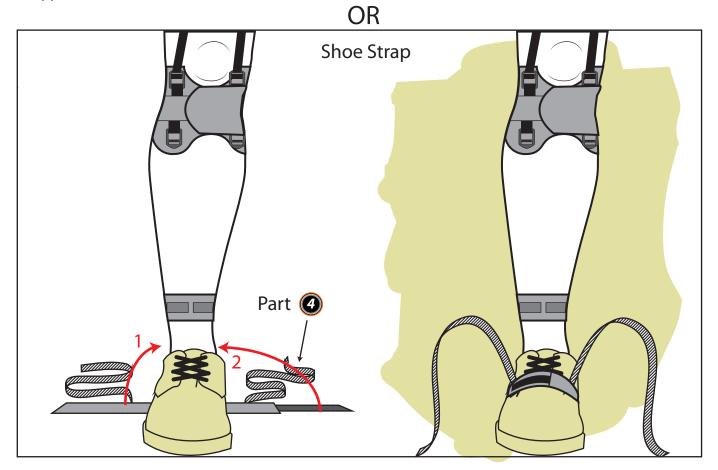


Align foot cuff in the arch of the foot. Note that the "4" label should be right side up on top of the foot of the wearer. (See inset.)

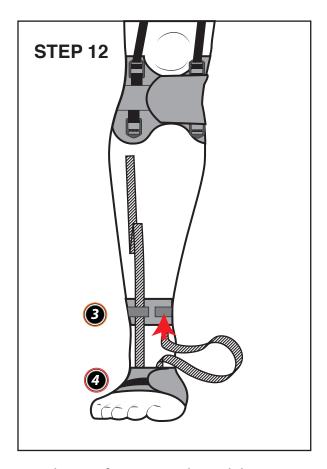
Align shoe strap in the arch of the shoe. Note that the "4" label should be right side up on top of the foot of the wearer. (See inset.)



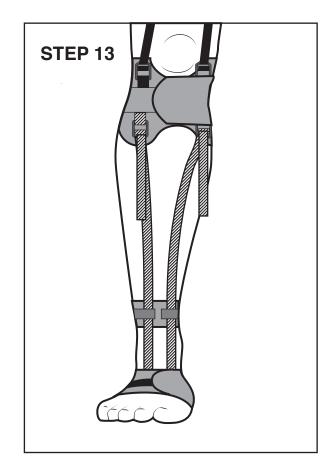
Wrap Part 4 around foot and fasten Velcro® closure over "R" (or L) label. This section should be firmly wrapped around the foot.



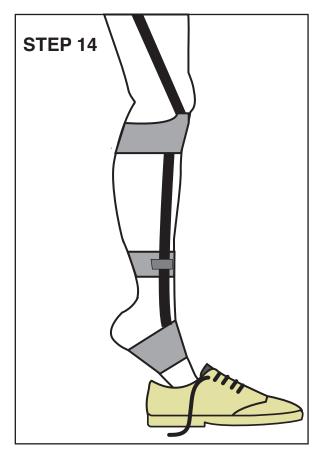
Wrap Part 4 around shoe and fasten Velcro® closure. This section should be firmly wrapped around the shoe.



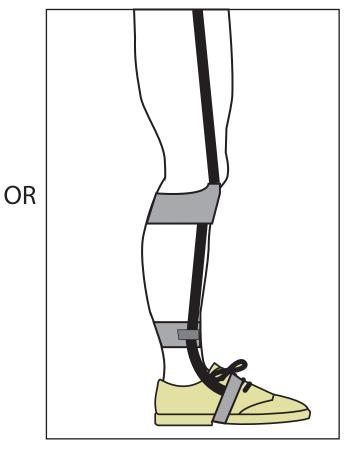
Feed straps from part 4 through loops in Part 3



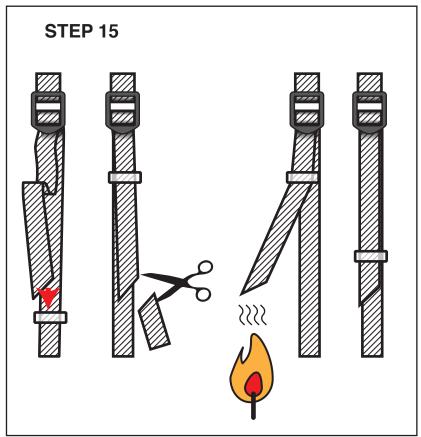
Feed straps from Part 4 through bottom buckles on Part 2

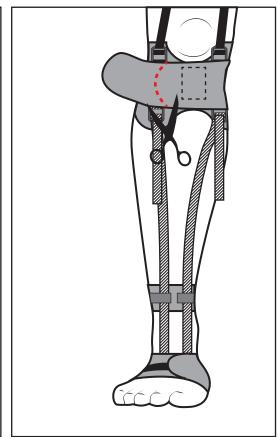


Place shoe over foot cuff.



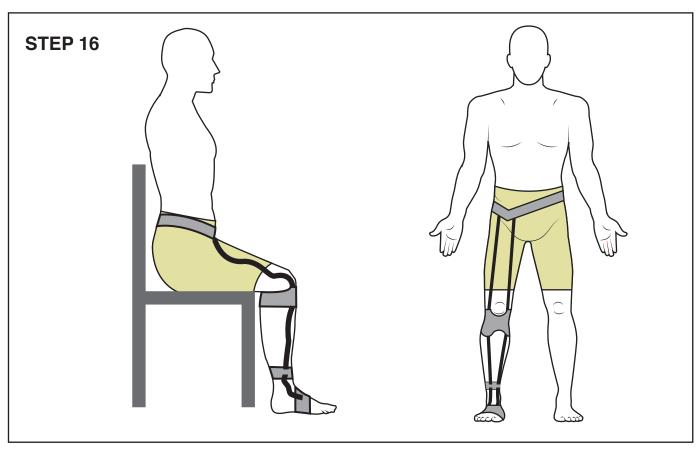
Place shoe strap over shoe.





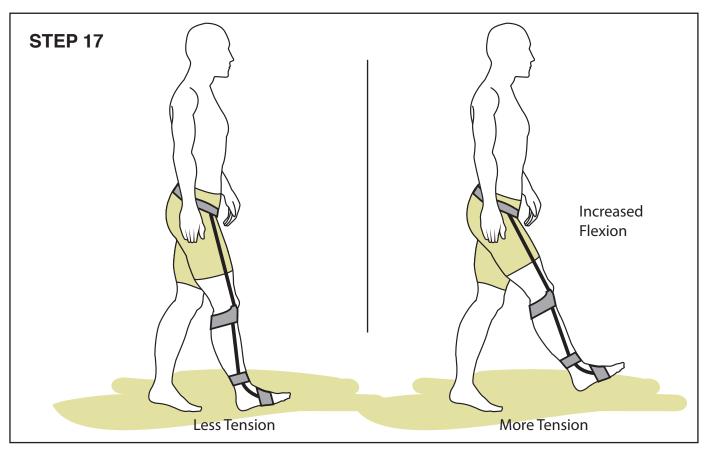
Feed straps through plastic loops. Trim strap ends. Melt strap ends to prevent fraying

After Knee Cuff is properly applied, access strap can be trimmed 1" past Hook Velcro

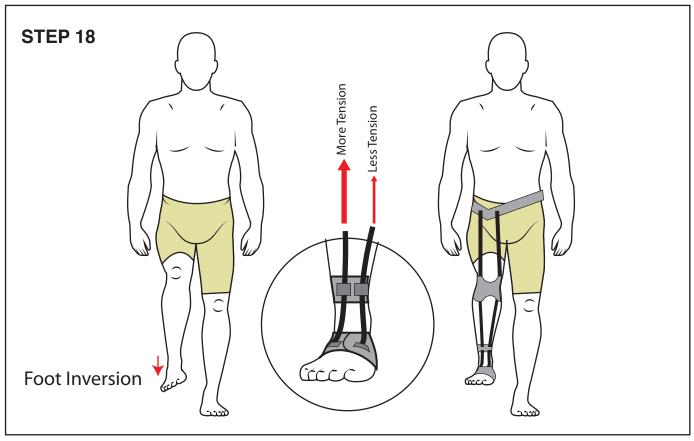


Elastic will be relaxed while seated.

Elastic will become taut when standing.



Tighten upper and lower section straps until proper tension is acheived. A properly adjusted TripleFlex will pick up the hip, knee, and foot in the swing phase of gait.



To correct inversion of the foot, tighten the outer elastic strap more than the inner strap.

#### Washing Instructions

- Wash TripleFlex by hand in lukewarm soapy water using Ivory Liquid Hand Soap® (or similar mild hand soap). Add just enough soap to produce a soapy bath. Suggested concentration: 1 teaspoon per 1 gallon of water.
- Rinse thoroughly by hand using cool or lukewarm water until it is free of soap.
- Once washing is complete, roll up in a dry towel and squeeze out excess water.
- Remove from the towel and lay flat until completely dry. For faster drying time, place directly in front of a fan.
- Do not machine wash or dry.
- Never use bleach on TripleFlex.



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